



"Lead us from darkness to light"
Yak Public School Newsletter
Volume -1 (2021 - 2022)

ॐ सर्वे भवन्तु सुखिनः।
सर्वे सन्तु निरामयाः।
सर्वे भद्राणि पश्यन्तु।
मा कश्चित् दुःख भाग्भवेत्॥
ॐ शान्तिः शान्तिः शान्तिः ॥

सभी सुखी हों, सभी रोगमुक्त रहें, सभी का जीवन मंगलमय बनें और कोई भी दुःख का भागी न बने।

हे भगवन हमें ऐसा वर दो!

May all sentient beings be at peace,

May no one suffer from illness,

May all see what is auspicious, may no one suffer.

Om peace, peace, peace.

At Y.P.S. our mission is to develop in our students, a strong sense of self-worth and responsibility to prepare them to become life-long learners and responsible citizens of 'tomorrow'. Our aim is to teach our students "how to think rather than what to think". Each child is unique and dear to us as he/she is to you. We aim to inculcate in our students, a sense of national pride integrated with global mindedness. We believe in laying down a strong foundation for multi-dimensional learning, ethical value systems, contemporary life skills and excellence in academics in our students.

The School's Mission



To impart spectaculars and holistic education for a better tomorrow with affluent legacy of the orient in order to engender model Indian citizen for the transmission of global knowledge and attitude having a harmonious blend of vedic trace and scientific approach.

The School's Vision

Bestow upon our students totally in education with elite excellence and spirited cognizance in compassionate environment and all round development of their personality and stand out in the most competitive professional times.

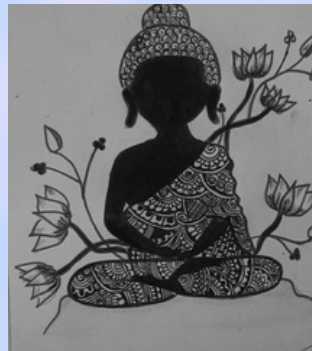
CHAIRMAN AND FOUNDER'S MESSAGE



**Mr. D.S. Yadav
Chairman**



**Mrs. Krishna Yadav
Founder**



Dear Parents, Student & Teachers

Welcome to the new Session 2021-22.

We hope this session sees not just more rewards, recognitions and achievements but also more harmony, cooperation and understanding among all stakeholders and greater happiness all around!

The school is a dynamic organization and has moved from strength to strength due to the support , cooperation and synergy between teachers, parents, students and the entire community.

Let us continue our quest for Excellence through our motto- TAMSOMA JYOTIRGAMAYA (LEAD US FROM DARKNESS TO LIGHT)

WISH YOU ALL A RESILIENT MONTHS AHEAD !!!!!

Director's Message Bharti Yadav



"Education is simply the soul of a society as it passes from one generation to another"

A stronger mental muscle makes the difference between an ordinary life and an extra ordinary life. Building mental strength will help you gain self -acceptance while striving for self improvement. One is able to enjoy life to its fullest when he/she is able to turn challenges into opportunities for growth.

A man found a cocoon of a butterfly .

One day a small opening appeared. He sat and watched the butterfly for several hours as it struggled to force it' body through that little hole .

Until it suddenly stopped making any progress and looked like it was stuck .

"OUR STRUGGLE DEVELOP OUR STRENGTH. WHEN YOU GO THROUGH HARDSHIPS AND DECIDE NOT TO SURRENDER , THAT IS STRENGTH ."

--- Arnold Schwarzenegger ----

So, the man decided to help the butterfly. He took a pair of scissors and snipped off the remaining bit of cocoon. The butterfly then emerged easily although it had swollen body and small shrivelled wings.

The man did not think anything of it and sat there waiting for the wings to enlarge to support the butterfly. But that didn't happen. The butterfly spent the rest of its life unable to fly, crawling around with tiny wings and swollen body.

Despite the kind heart of the man, he did not understand that the restricting cocoon and the struggle needed by the butterfly to get itself through the small opening were God 's way of forcing fluid from the body of the butterfly into its wings, to prepare itself for flying once it was out of the cocoon .

Our struggle in life develop our strength. Without struggle , we never grow and never get stronger. So, it is important for us to tackle challenges on our own and not be relying on help from others. Indeed its often when we suffer the most painful and difficult setbacks , we find that we are a lot stronger than we thought we were. We gain strength as a result of going through this process. In this respect experiencing hardships and making the decision that we won't give up, makes us stronger.

Wish you all and your loved ones good health and strength in the days and weeks ahead.



**Bharti Yadav
Director**

Principal's Message

Vidya Ayyappan

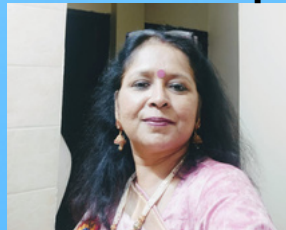


The current academic year witnessed the unique transition to a blended learning model of home-based and traditional classroom-based education. While the impact of the pandemic was undeniable, we were delighted to also learn that our school is uniquely equipped to adapt to the changes and alleviate the stress and anxiety of the current times. This newsletter offers heartening glimpses of our successful engagement of families in student learning and our effort to deliver content in different ways. We have ensured a significant increase in opportunities for informal learning, offering parents enjoyable moments of shared experience with their children. Parents gladly embraced their new role and we can proudly proclaim that our school has been curating happiness as a shared aim of teachers, students and parents to fulfil the broader goals of education.

Stay well ! Saty positive! Keep Smiling !

Vice Principal's Message

Poonam Gupta



The session 2020-21 saw the whole world suffer due to the dreadful pandemic. One of the worst hit sectors has been education.

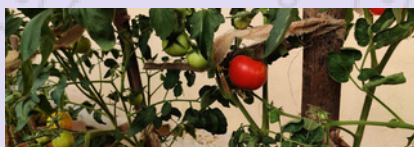
Hoping that everything will ease soon ,we started our new academic online session of 2021-22 in April.

However, even under such unforeseen and unprecedented circumstances, when the world got locked It has been a smooth transition for the students of YPS from the offline mode of learning to the online mode. I am thankful to our management, our mentors for handholding us during this difficult phase and help us seamlessly carry on with not only the academic rigour but with all aspects of the school, online. This pandemic has helped we teachers to learn innovation and technology to innovate the teaching-learning practices, learn to collaborate, share and have fun in each other's company, but online. I feel proud in saying that we were one of the first schools in Khopoli to begin the online classes and continue it successfully . We conducted all the co-curricular activities and added a few more this session. I would fail in my duties if I do not acknowledge contribution of the parents in helping us in educating their children.

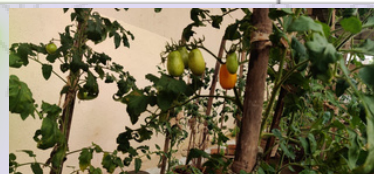
Learning would not have been possible without them.

List of the Holidays for the Session 2021-2022

	Month	Date	Day	Name of the Holidays	No of Holidays
1	April	02/04/2021	Friday	Good Friday	1
		13/04/2021	Tuesday	GudiPadwa	1
		14/04/2021	Friday	Dr.AmbedkarJayanti/Baisakhi	1
		21/04/2021	Wednesday	Ram Navami	1
		25/04/2021	Sunday	MahavirJayanti	
2	May	01/05/2021	Saturday	Maharashtra Divas/Labour's Day	1
		03/05/2021	Monday	Summer Vacation School re-opens on Sr. Secondary 2 nd June Primary 7 th June Pre – Primary 9 th June	27
3	July	21/07/2021	Wednesday	Bakri-Id	1
4	August	15/08/2021	Sunday	Independence Day	1
		16/08/2021	Monday	Parsi New Year	1
		19/08/2021	Thursday	Muharram	1
		22/08/2021	Sunday	RakshaBandhan	1
		31/08/2021	Tuesday	Gopalkala	1
5	September	10/09/2021	Friday	Ganesh Chaturthi (Excluding Sunday) Re- opens on 16 th Sep.	5
		15/09/2021	Wednesday		



DIET



Diet has a profound effect on our body functioning .The brain needs to be properly hydrated in order to be alert. This means to be a happy ,alert ,intelligent child, your child needs the right food and water habits. It is very essential to find out whether your child is having a rich nutritious balanced diet or a diet that can greatly contribute to health problems in the future. So let's keep concern and become your child's personal dietician and ensure that your child is getting a healthy diet rich in carbohydrates, proteins, fats, vegetables, fruits, nuts, milk and milk products. Some points to remember:



1. Keep a check on the sugar and salt content in your child's daily diet. It's going to cause harm in more proportions. It will make the child hyper.

2. See that your child drinks water at regular intervals.

3. Do not give coffee and colas to your kids.

4. Start his/her day with a good breakfast as it is a 'memory activator'.

5. Fix meal times and stick to it, no in between snacks.

6. Avoid packaged food.

7. Do not believe media perpetuated myths about food like noodles have wheat, or a bar of chocolate is equal to a glass of milk etc. Remember a healthy childhood is the foundation for healthy adulthood .

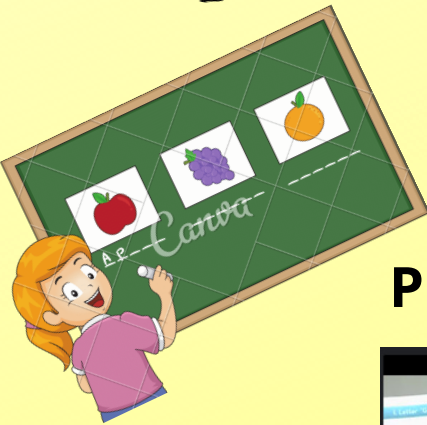
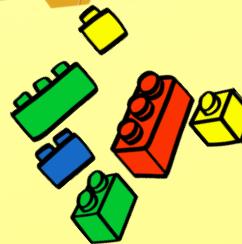
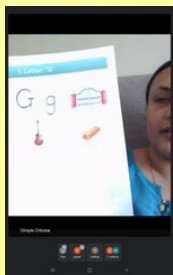


A message from our preschool teacher

We would like to extend our welcome to our students and their families. We have been working with one another, generating ideas planning activities and games and helping your children grow mentally, emotionally and physically. We would like to express our gratitude to all the parents . Your support has always been invaluable to us. We would like to say thank you to all of you ,for being a part of our school community.

GLIMPSES OF PRE PRIMARY KIDS.

Pre-school Orientation Program



The orientation was an opportunity for the parents to see and explore the classroom of their children, it gave them an insight into the concept that would be taught in kindergarten a few tips on reading writing and how to help the children better in the learning process was shared by the teacher.

Ramnavami

Ramnavami festival was celebrated on 21st April 2021 to mark the birth of Lord Rama .

Student's made a picture of Shree Ram ji and filled it with colours.



Earth Day Celebration



Earth Day was celebrated on 22nd April 2021. Earth Day helps to educate our children about the environment and helps them to know about environmental issues. With the help of craft material our students made the model of Earth.



Eid Celebration

The student celebrated Eid by dressing up in kurta pajama and salwar suit for the festival. The importance of festival was told to the students that this festival is celebrated after fasting for 30 days, was informed to the students.



LEARNING OUTCOMES

Yak Public School is a true confluence of various stream of the Indian way of thought and endeavors to provide modern education to our children with effective emphasis on the knowledge and wisdom enshrined in our traditions and cultural heritage.



ACTIVITIES CONDUCTED IN JUNE

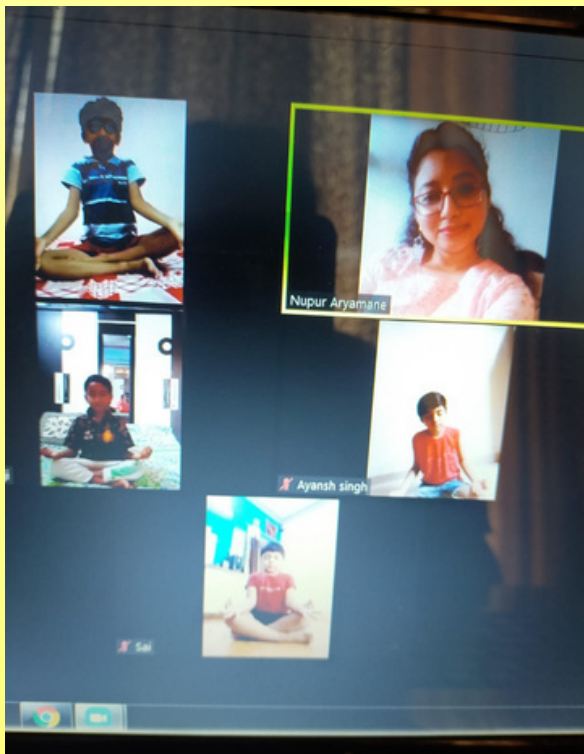
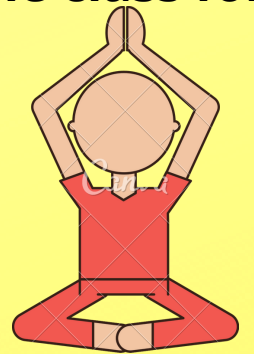
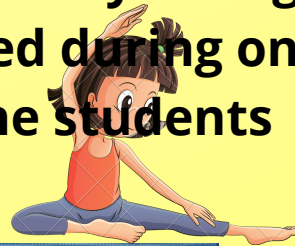
Watering Plants

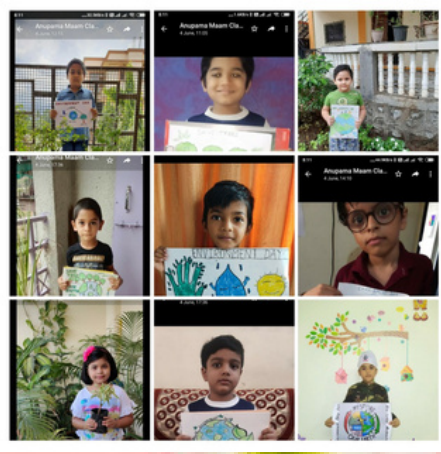
Plants are essential for our survival, this activity was done so students can learn the value of growing trees and nurture them .



YOGA DAY

Yoga day promotes physical and mental well being of the students. Recognising this important role of Yoga, this year's commemoration of the International Day of Yoga focused on "Yoga for well-being" .It was observed during online class for holistic well being of the students





PRIMARY SECTION



New academic session began virtually on April 7th 2021. Students were happy to see their new class teacher and greet their friends. Teachers welcomed the students and gave them a surprise by signing a song or narrating a story .After a short warm up activity, lesson was introduced.

All special days and festivals were observed by ever enthusiastic students of primary section.



Orientation Programme

Orientation programme for parents of standard first was conducted on 6th June 2021 to update them about learning strategies, co-curricular activities and other teaching methodology.



Earth Day Celebration



Y.P.S. students were taught to preserve the planet Earth and make it ideal for survival of all living beings. Students made posters and wrote quotes on it .



World Health Day

World Health Day was observed on 7th April for making a fairer and healthier world.

Students were explained the importance of healthy life styles during Pandemic situation.

World health day celebration at YPS



World health day celebration at YPS

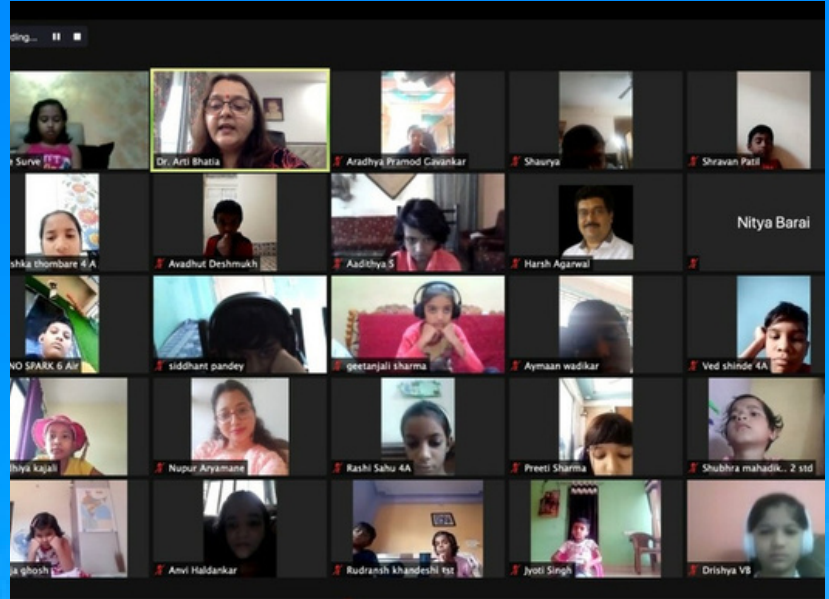


SESSION ON GOOD TOUCH AND BAD TOUCH

A session on good touch and bad touch was conducted by Dr. Arti Sunil Bhatia, counsellor and trainer.

It was an excellent session.

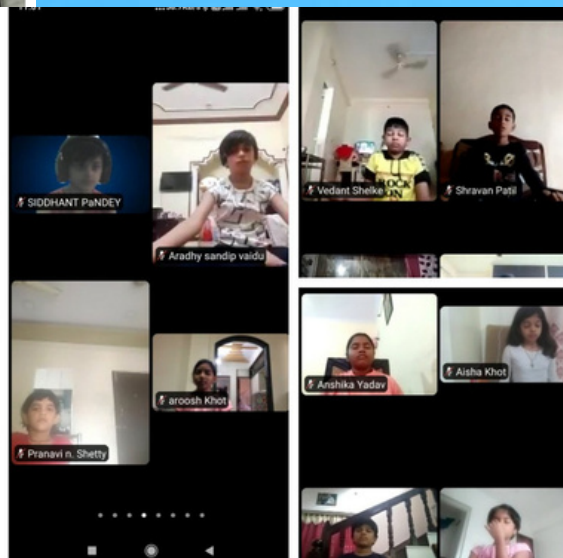
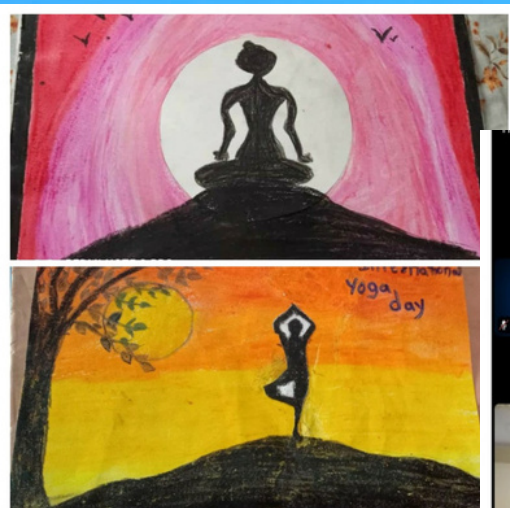
Students enjoyed it thoroughly, dancing and answering various questions and resolving their doubts in question-answer session.



INTERNATIONAL YOGA DAY

Yoga Day was virtually celebrated in Y.P.S.

All the students and teachers enthusiastically participated in it.





SECONDARY SECTION



Online Study during Covid 19 :

The nationwide lockdown following the COVID-19 pandemic has led to a burst of activity with online education. The COVID-19 has resulted in schools shut all across the world. Globally, over 1.2 billion children are out of the classroom. As a result, education has changed dramatically, with the distinctive rise of e-learning, whereby teaching is undertaken remotely and on digital platforms.

At Yak Public School ,Principal, Viceprincipal, teachers and coordinators are regularly in contact with the students and parents and taking the online classes regularly. Apart from this, students are given various other extracurricular activities such as drawing, cooking, singing, dance etc. on day to day basis which they can carry out at their home and to encourage them we put their videos on social media and website's.

We believe that every year brings changes with God Almighty's protection. As we are passing through an unprecedented crisis situation in the year 2021 we are confident that we will overcome all the odds by our strong will and ethics and pave the way for the betterment of the education fraternity and the society in general. Towards this , we have started our online lectures from the 7th April 2021 using various innovative tools to facilitate learning by the students

Achievements:-

Aatir Beg of class 10 and Tanvi Tidke of class 7 received first prize in senior and junior category speech competition conducted by Rotary and Rotaracts club of RID 313 organized an eRYLA to commemorate with World Environment Day.(5th June)

Jhanvi Chandrashekhar of class 12 participated in National Championship Laser Run and bagged silver medal.

 Rotary and Rotaracts Club of RID 3131 organised an eRYLA to commemorate with World Environment Day. (5th June)

 YAK PUBLIC SCHOOL'S MANAGEMENT AND PRINCIPAL PROUDLY ANNOUNCES THAT



Aatir Beg (SENIOR CATEGORY)
Of class X received 1st Prize in Speech Competition.



Tanvi Tidke (JUNIOR CATEGORY)
Of class VII received 1st Prize in Speech Competition.

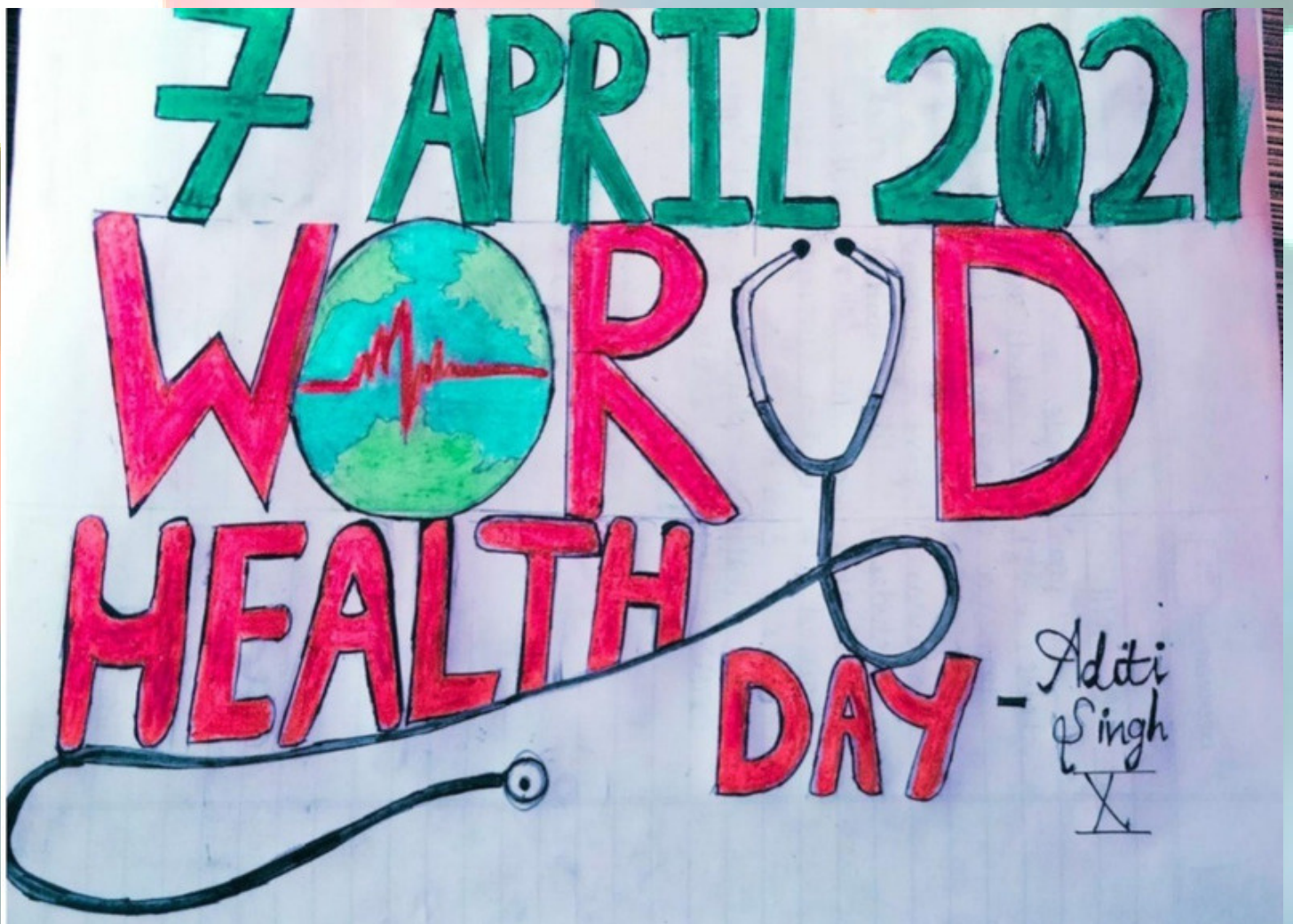
CONGRATULATIONS





Special Day and Occasions

Our school has always been at the forefront in the crusade for a cleaner and healthier environment, , "World Health Day" was celebrated on 7th April.



Earth Day

Earth Day was celebrated to make an awareness campaign on reduction of wastage of food, electricity, water, deforestation, 3R's, etc for sustainable development.



World Heritage Day

Students prepared videos, posters, PPT to create awareness among citizens expressing the measures required to explore, explain and preserve the heritage sites.



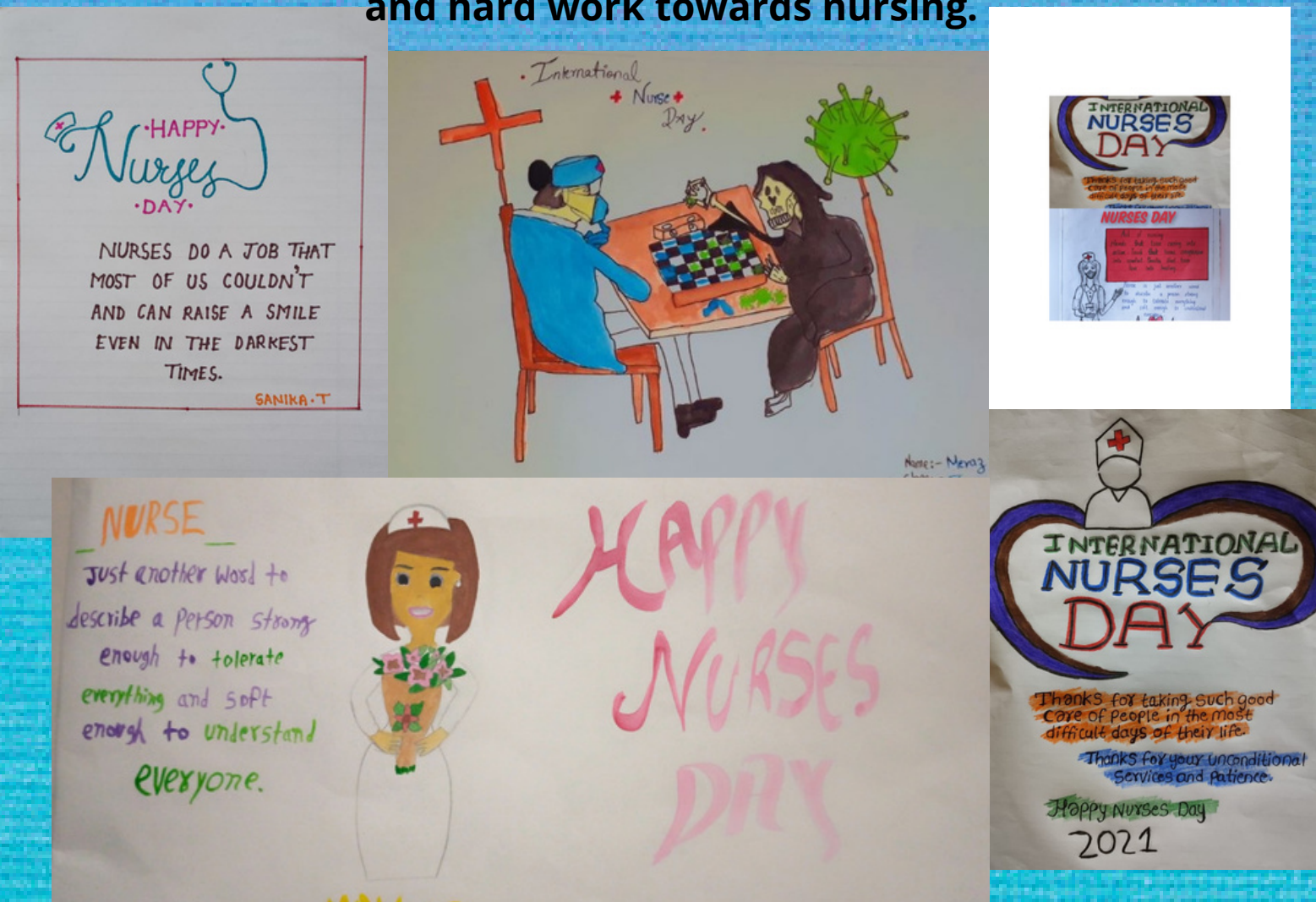
Ambedkar Jayanti

Students observed this day by preparing posters, essays, quotes for Dr. Ambedkar's efforts to eradicate social evils like untouchability and caste restrictions.

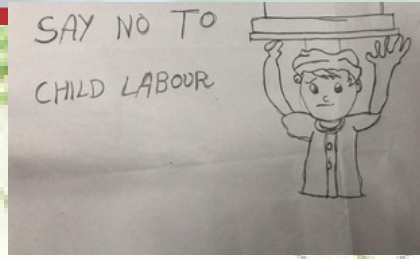


International Nurse Day

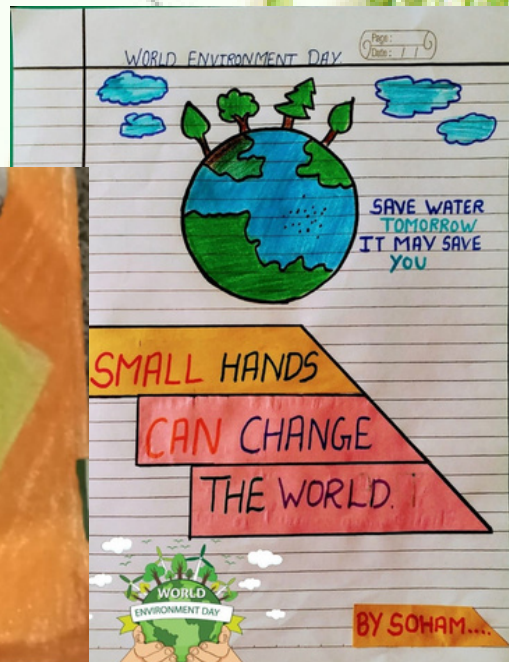
12th May was observed as International Nurse Day. Nurses are essential caretakers for a prosperous society. During this pandemic the extraordinary contribution has proved to inspire their dedication and hard work towards nursing.



Child labour Day

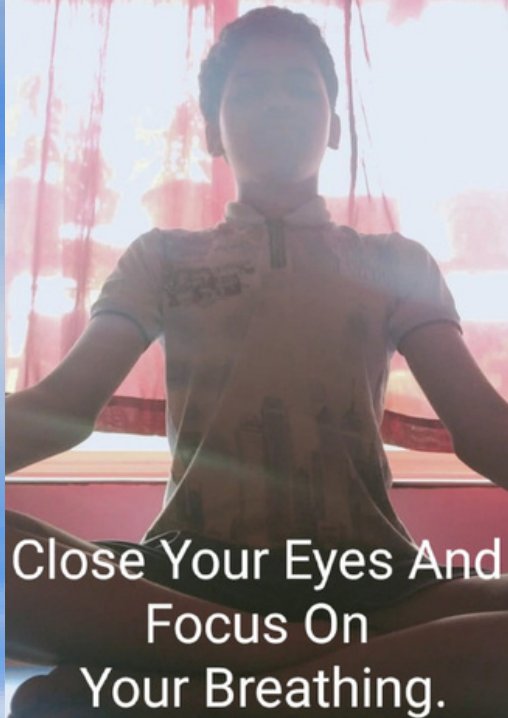


World Environment Day



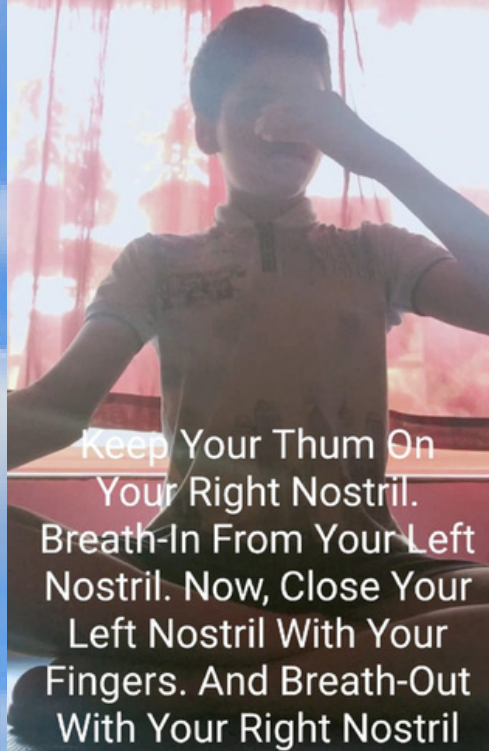
International Yoga Day

Meditation



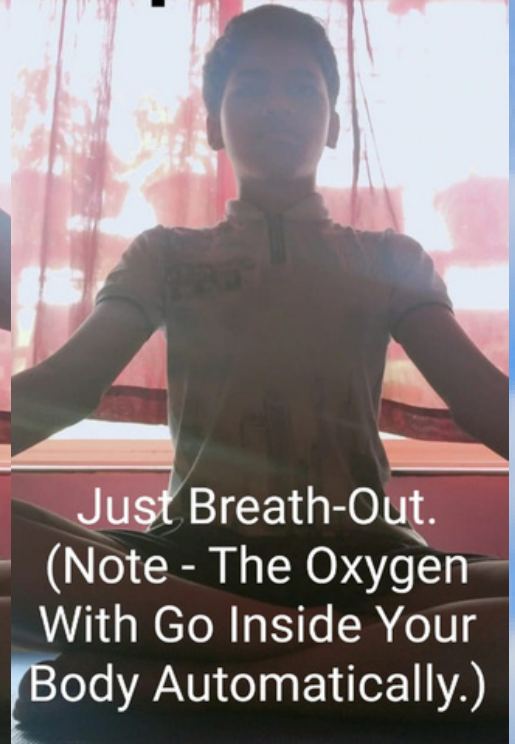
Close Your Eyes And Focus On Your Breathing.

Anulom Vilom



Keep Your Thumb On Your Right Nostril. Breath-In From Your Left Nostril. Now, Close Your Left Nostril With Your Fingers. And Breath-Out With Your Right Nostril

Kapalbhati



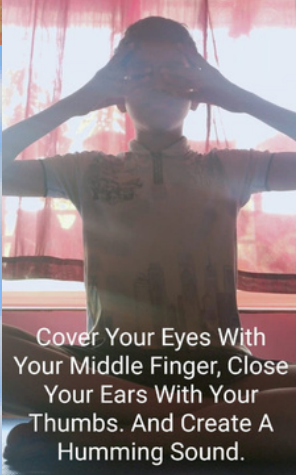
Just Breath-Out. (Note - The Oxygen With Go Inside Your Body Automatically.)



© Samsung Triple Camera
Irika Mhatre



Bhramari Pranayama



Cover Your Eyes With Your Middle Finger, Close Your Ears With Your Thumbs. And Create A Humming Sound.



© Samsung Triple Camera
Irika Mhatre



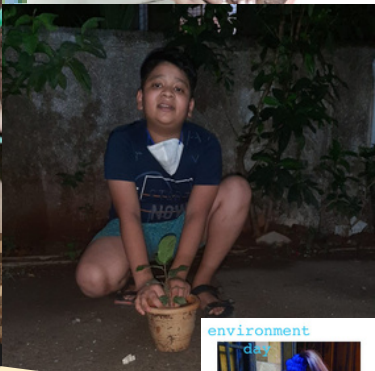
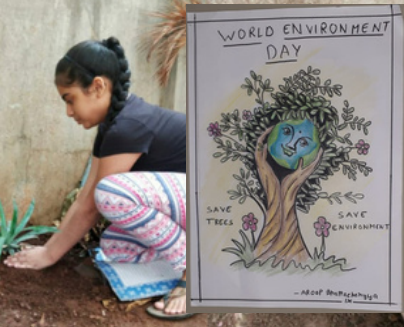
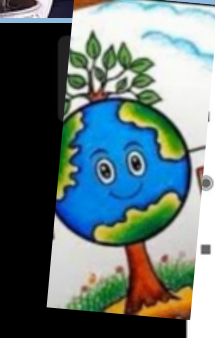
© Samsung Triple Camera
Irika Mhatre



Environment Day
Mimosa plant
(Touch me not plant)

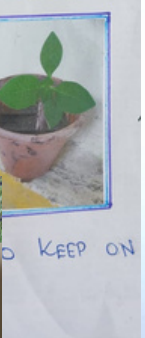
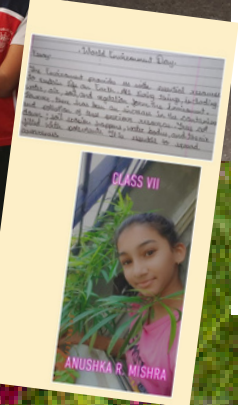


HAPPY ENVIRONMENT DAY



BENEFIT OF PLANTING MORE TREES TO THE ENVIRONMENT

- 1- Trees combat climate change.
- 2- Trees clean the air.
- 3- Trees conserve energy.
- 4- Trees cool our streets & our city.

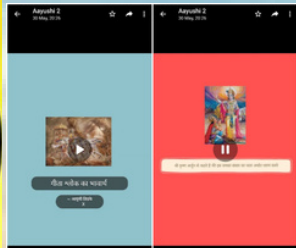


KEEP ON

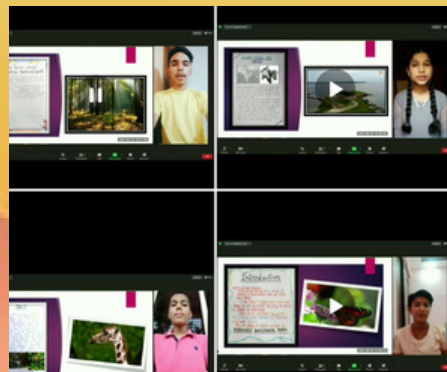


Other Activities

Hindi Activity



SST Activity



POPULATION MANAGEMENT
MADE BY ANISHA BHANU PATIL CLASS 8

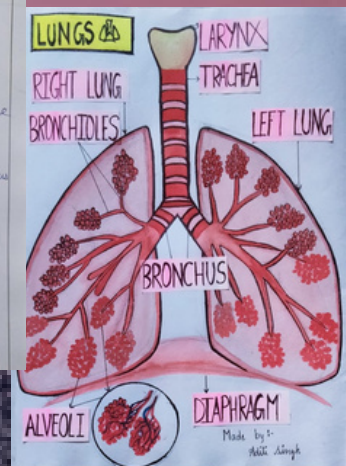
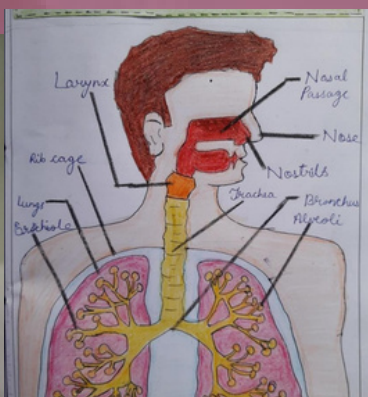
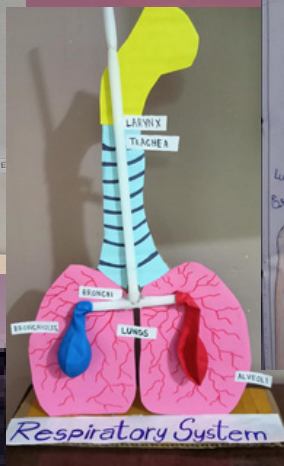
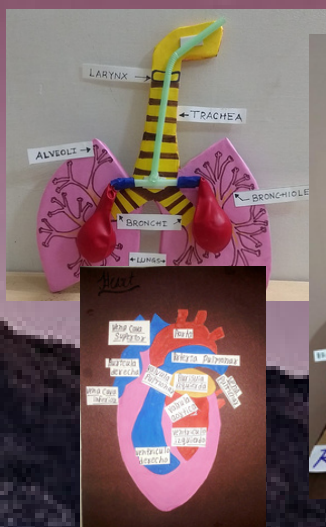
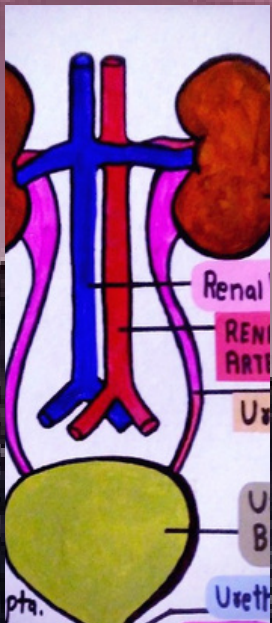
POPULATION MANAGEMENT is the second most populous country in the world. The current population is 1.27 billion (In 2014). It is also one of India's biggest problems - burdening and straining the nation's resources. India is poised to take China as the world's most populated nation in the next few decades.

POPULATION OF INDIA

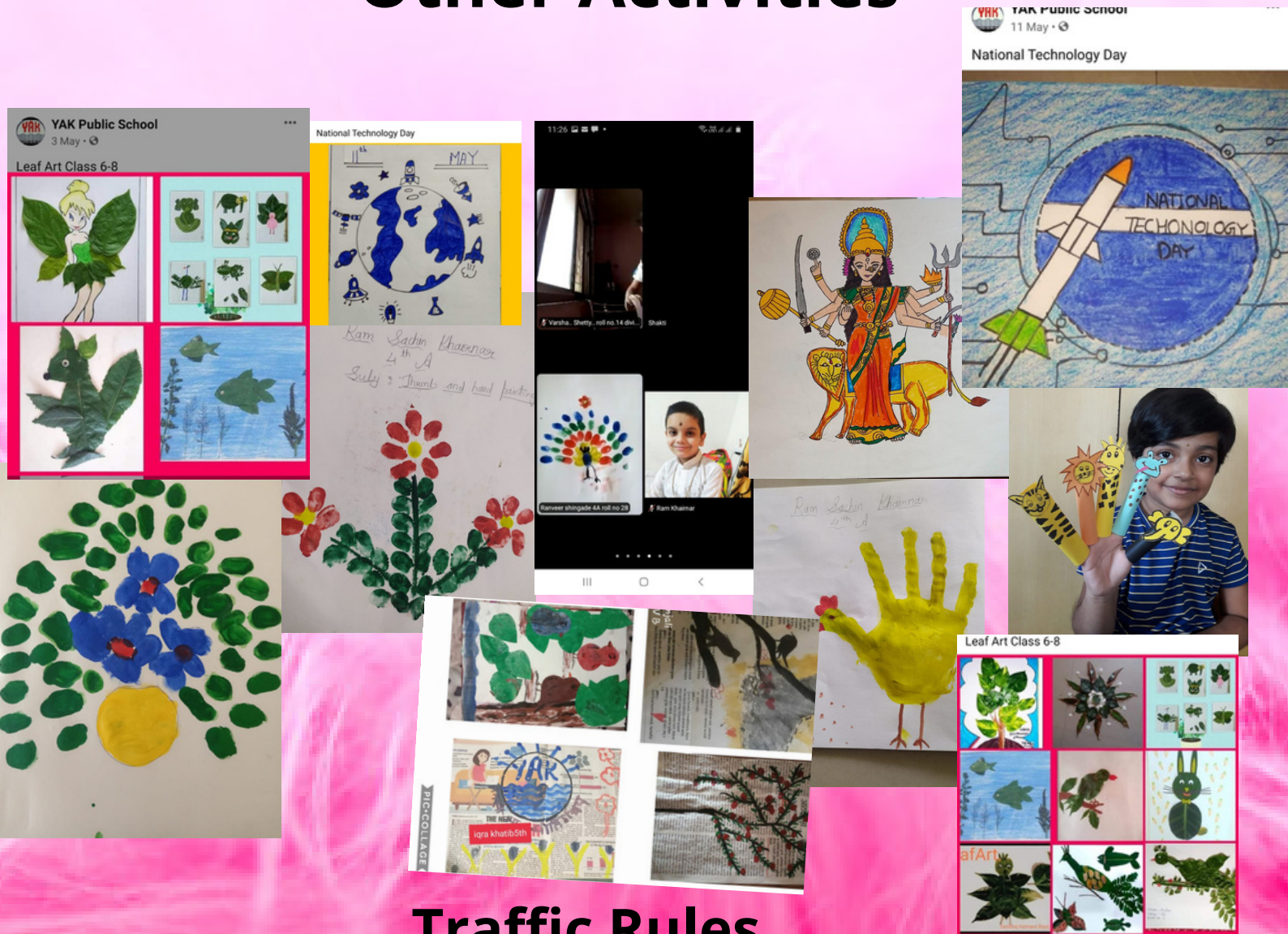
Year	Population (in millions)
1951	361
1961	383
1971	408
1981	439
1991	476
2001	519
2011	562
2021	600



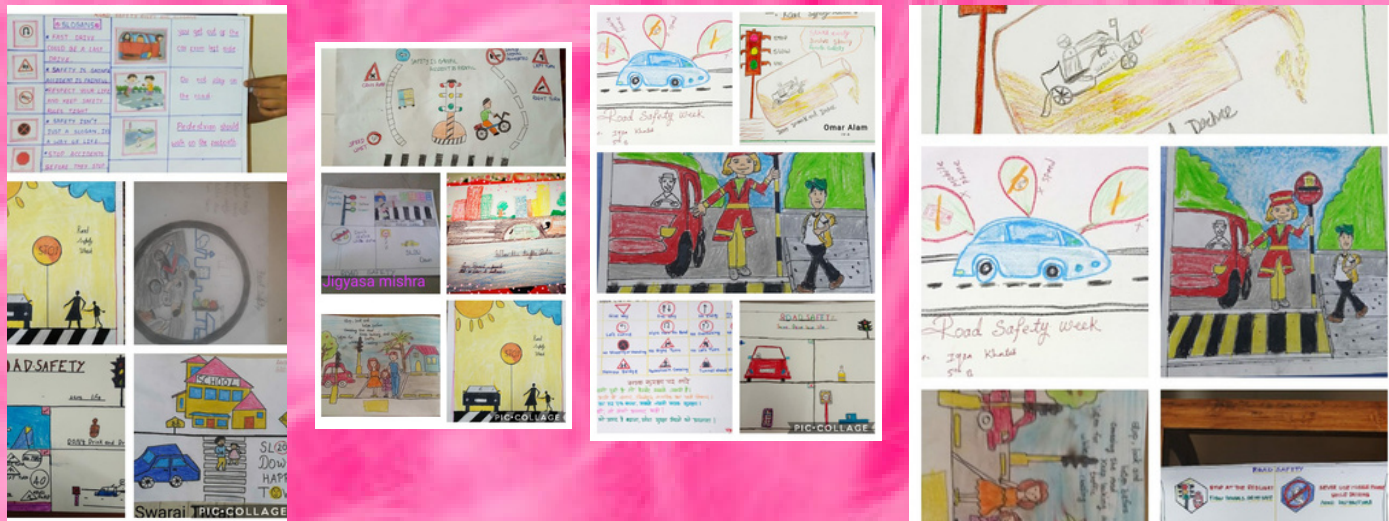
Science Activity



Other Activities



Traffic Rules



Mother's Day



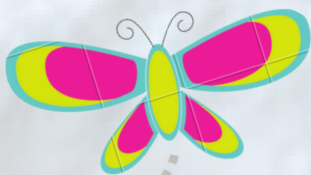
With more events, celebrations, activities, etc in our next upcoming newsletter.....

Always remember....

""Never let yourself be discouraged from challenges and failures.

Keep your inner spark, lighten up and don't quit.""

Thank
you!





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